FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549

STATEMENT	OF CHANGES	IN BENEFICIAL	OWNERSHIP

OMB APPROVAL								
OMB Number:	3235-0287							
Estimated average burden								
hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Sottosanti Carl						2. Issuer Name and Ticker or Trading Symbol PENN NATIONAL GAMING INC [PENN]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner Officer (give title Other (specify					
(Last) 825 BERK	(Firs	st) (I VD., SUITE 200	Middle)			3. Date of Earliest Transaction (Month/Day/Year) 07/15/2020								X Officer (give title below) Other (spec below) EVP, General Counsel and Sec.					·	
(Street) WYOMIS	SING PA	1	9610		4. If Amendment, Date of Original I						l (Month/Day		Form filed by Mor				Filing (Check Applicable Reporting Person e than One Reporting			
(City)	(Sta	te) (2	Zip)												Person					
		Tab	le I - No	on-Deri	vative	Sec	uriti	ies Acc	quired	l, Dis	sposed of	f, or Be	nefici	ally	Owned					
1. Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Ye		Execution Date,		n Date,	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) of Disposed Of (D) (Instr. 3, 4		I (A) or . 3, 4 an	and 5) Securitie Beneficia Owned F		s ally ollowing	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership			
								Code	v	Amount	(A) or (D)	Price		Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)		
Common S	Stock			07/15)20		M		6,439	A	\$11	1.61	92,	92,987		D				
Common S	Stock			07/15/2020		20		D ⁽¹⁾		6,439	D	\$3	1.3	86,	86,548		D			
Common S	Stock			07/15	07/15/2020				M		57,955 A \$		\$11	l .6 1	144,503			D		
Common S	Stock			07/15	15/2020			M		74,686	A	\$13	3.19	219,189			D			
Common S	Stock			07/15/2020					S ⁽¹⁾		132,641	D	\$31.	.94(2)	4 ⁽²⁾ 86,548			D		
		Т	able II								osed of, convertib				wned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security 3. Transaction Date (Month/Day/Year) (Month/Day/Year) 3A. Deemed Execution Date, if any (Month/Day/Year)		4. Transaction Code (Instr 8)				6. Date Exerc Expiration Da (Month/Day/V		ate	7. Title and Am of Securities Underlying Derivative Sec (Instr. 3 and 4)			Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transacti (Instr. 4)	e s ally g	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)			
					Code	v	(A)	(D)	Date Exercis	sable	Expiration Date	Title	Amor or Numl of Share	ber						
Stock Appreciation Right	\$11.61	07/15/2020			М			6,439	(3))	02/24/2021	Commor Stock	6,4	39	\$0.00	0		D		
Stock Options (Right to Buy)	\$11.61	07/15/2020			M			57,955	(4))	02/24/2021	Commor Stock	57,9	55	\$0.00	0		D		
Stock Options (Right to	\$13.19	07/15/2020			M			74,686	(5))	01/06/2022	Commor Stock	74,6	886	\$0.00	0		D		

Explanation of Responses:

- 1. The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on June 11, 2020.
- 2. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$31.25 to \$32.37, inclusive. The reporting person undertakes to provide to Penn National Gaming, Inc., any security holder of Penn National Gaming, Inc., or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in footnote (2) to this Form 4.
- 3. The stock appreciation rights vested in four installments on February 24, 2015, February 24, 2016, February 24, 2017 and February 24, 2018.
- 4. The stock options vested in four installments on February 24, 2015, February 24, 2016, February 24, 2017 and February 24, 2018.
- 5. The stock options vested in four installments on January 6, 2016, January 6, 2017, January 6, 2018 and January 6, 2019.

Remarks:

/s/ Elliot D. Hoops, Attorneyin-Fact for Carl Sottosanti

07/17/2020

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.