FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
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\neg	Section 16. Form 4 or Form 5									
J	obligations may continue. See									
	Instruction 1(b)									

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* CLIFFORD WILLIAM J (Last) (First) (Middle) 825 BERKSHIRE BLVD SUITE 200							I NA	TION		AM	Symbol IING IN		5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X Officer (give title Other (specify below) Chief Financial Officer				ner	
(Street) WYOMISSING PA 19610				_ 4. I	4. If Amendment, Date of Original Filed (Month/Day/Year)									Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(:	State)	(Zip)	n Dori	vativ	o So	ourit	tion An	quirod	Di	sposed o	of or Do	noficia					
Table I - Non-Deriva 1. Title of Security (Instr. 3) 2. Transa Date (Month/D			saction	ction 2A. Deem			3. 4. Transaction Di Code (Instr. 5)		4. Securi	4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4		5. Amo Securi Benefi Owned	unt of ies cially Following	Form (D) o	n: Direct or Indirect Instr. 4)	7. Nature of Indirect Beneficial Ownership		
										v	Amount	(A) o	r Price		ed ction(s) 3 and 4)			Instr. 4)
Common Stock 10/01/				1/200	/2009			М		11,00	0 A	\$7.9	5 7	78,162		D		
Common Stock ⁽¹⁾ 10/01.				1/200	/2009			S		11,00	0 D \$2		26 6	67,162		D		
		-									posed of converti			/ Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	Date,	4. Transaction Code (Instr. 8)				6. Date Exercis Expiration Date (Month/Day/Yea		ate	7. Title and Amour of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price o Derivative Security (Instr. 5)		re es ally g d tion(s)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisa	ıble	Expiration Date	Title	Amount or Number of Shares					
Non- Qualified Stock Options (right to	\$7.95	10/01/2009			M			11,000	02/06/2	004	02/06/2010	Common Stock	11,000	\$0	34,42	2	D	

Explanation of Responses:

1. All transactions on this form 4 were made pursuant to a stock trading plan, dated August 14, 2008, established pursuant to rule 10b5-1.

/s/Robert S Ippolito as attorneyin-fact for William J Clifford 10/02/2009

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.