FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPRO	DVAL					
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* CARLINO PETER M						2. Issuer Name and Ticker or Trading Symbol PENN NATIONAL GAMING INC [PENN]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner						
(Last)	(F	irst) BLVD SUITE 2	(Middle)			3. Date of Earliest Transaction (Month/Day/Year) 01/18/2019											ector icer (give title ow)		10% Owner Other (specify below)		
(Street) WYOMIS (City)	SSING P	A State)	19610 (Zip)		4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									5. Indi ine) X	,					
		Tal	ole I - No	n-Deriv	/ative	Se	curitie	es Acc	quired,	Dis	posed o	f, or	Ben	efici	ally	Owne	ed				
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)						Execution Da		n Date,	3. Transaction Code (Instr. 8)						l and Securi Benefi Owned		ties cially Following	Forn (D) (wnership n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership	
						Code	v	Amount	(,	A) or D)	Price	e	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)				
Common Stock					01/18/2019				J ⁽¹⁾		26,670)	A	\$0		351,926			D		
Common Stock				01/18/2019					J (2)		220,46	5	D	\$0		5,430,923			I	By Trusts ⁽³⁾⁽⁴⁾	
		7	Table II -								sed of, onvertib					wned			,		
1. Title of Derivative Security (Instr. 3)	2. Conversio or Exercis Price of Derivative Security		3A. Deen Executio if any (Month/D	Date, Transac Code (Ir			of Deriv Secu Acqu (A) o Disp of (D	of I		Exercis on Dat Day/Ye		7. Title and Amount of Securities Underlying Derivative Security (Inst and 4)		str. 3	Der Sec	Price of erivative ecurity estr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	y D o (I	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				ï	Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	or Nui of	ount mber ares							

Explanation of Responses:

- 1. Shares acquired by Peter M. Carlino as a beneficiary under the Carlino Family Trust.
- 2. Shares distributed to all beneficiaries under the Carlino Family Trust
- 3. Includes 365,212 shares owned by a residuary trust for the benefit of Peter D. Carlino and Peter D. Carlino's children. The reporting person is a trustee of the residuary trust with shared voting and investment power. The reporting person disclaims beneficial ownership of the shares owned by the residuary trust, except to the extent to of his pecuniary interest therein, and this report should not be deemed an admission the reporting person is the beneficial owner of such securities for purposes of Section 16 or any other purpose.
- 4. Includes 5,065,711 shares held by the Carlino Family Trust, as to which Peter M. Carlino has sole voting power for certain matters. The reporting person disclaims beneficial ownership of the shares owned by the trust, except to the extent of his pecuniary interest therein, and this report should not be deemed an admission that the reporting person is the beneficial owner of such securities for purposes of Section 16 or any other purpose.

/s/ Christopher Rogers as attorney-in-fact for Peter M. 01/23/2019 Carlino

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.